


You are invited to register today for the Fall In-Person Retreat Coach Training and Prospering Woman Retreat Wednesday thru Sunday, Oct 21-25, 2009 With Master Coach Helene Van Manen in the Mountains of Beulah, Colorado

This 5 day retreat will include both training and experiential sessions for growing your skills as a group leader and retreat coach. This is a very comprehensive experience that will give you many tools and resources that you can take back into your work leading retreats. You will also engage in daily activities that will grow your leadership I.Q. and give you a personal retreat experience. In addition to professional training, you will experience the opportunity to develop yourself as Prospering Woman and all that means for you in this season of your life and development.



The Training Cost rates range from:
Single occupancy private bath : \$1249 to
Single occupancy shared bath \$1090
All rates include 3 healthy delicious meals per day



Helene Van Manen is a Master Certified Coach and Founder of www.RetreatCoaches.com and specializes in training women to lead retreats. For more info about Coach Helene visit: www.retreatcoaches.com

The Training Includes:

- Full Retreat Training Program and Mentor Coaching led by Coach Helene Van Manen
- 240 page Retreat Coach Manual chock full of resources
- 8 week Retreat Coach Telegroup recordings to support your development of running a retreat business
- 5 days and 4 nights lodging at the brand new retreat center at the Mountain Park Environmental Center in Beulah, CO
- 12 meals starting with dinner on Wed and completing with lunch on Sunday
- Full access to the 6 miles of hiking trails and 611 acres of ponderosa pine forests in the Mountain Park location
- A powerful personal growth retreat experience
- The opportunity to meet and network with other women leading retreats

Your only other costs are:

- Transportation to and from Colorado Springs Airport (a shuttle to and from the Mtn Park is available for \$125 roundtrip)
- Spending money for Nature Gift Shop
- Massage therapists will be available during the retreat for your selfcare experience (optional)
- Everything else is covered by your training / retreat fee!



The Mountain Park Environmental Center (MPEC) is an award-winning non-profit environmental education and retreat center located in southeast Colorado's lovely Wet Mountains. This retreat will be the very first scheduled event in MPEC's newly renovated "west wing" of the historic Horseshoe Lodge, a 14,000 square foot "New Deal Era" adobe structure that has been lovingly transformed into MPEC's new "green" headquarters. Surrounded by majestic ponderosa pine trees at an elevation of 6600', each of the 11 overnight rooms inspires your connection to Nature.

www.retreatcoaches.com